

# Point estimators & Confidence intervals

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# Objectives

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- Inferential statistics: definition
- Point estimators (definition)
- Confidence intervals:
  - definition
  - for one mean
  - for the difference between two means
  - for one proportion
  - for the difference between two proportions

# Glossary

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Inferential statistics = the process of making guesses about the truth on the population by examining a sample extracted from the population

Sample statistics = summary measures calculated from data belonging to a sample (e.g., mean, proportion, ratio, correlation coefficient, etc.)

Population parameter = true value in the population of interest

Point estimation involves the use of sample data to calculate a single value (known as a statistic) which is to serve as a "best guess" or "best estimate" of an unknown (fixed or random) population parameter.

# Glossary

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- A population distribution: the variation in the larger group that we want to know about.
- A distribution of sample observations: the variation in the sample that we can observe.
- A sampling distribution:
  - a normal distribution whose mean and standard deviation are unbiased estimates of the parameters and allows one to infer the parameters from the statistics.
- Researchers do not typically conduct repeated samples of the same population. Instead, they use the knowledge of theoretical sampling distributions to construct confidence intervals around estimates

# Point estimator

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Point estimation provide one value as an estimate of the population parameter (e.g., the sample mean is a point estimator for population mean)

We are interested in the mean of height of 10-years-old boys and girls in Romania. It would be impossible to measure the height of all 10-years-old boys and girls height so we will investigate a random sample of 30 boys and a random sample of 30 girls of 10-years-old. The sample mean for boys is 140 cm and for girls is 132 cm.

- The sample mean of 140 cm is a point estimator of boys population mean
- The sample mean of 132 cm is a point estimator of girls population mean

# Point vs. Interval estimation

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Interval estimation: provide a range of values (an interval) that contain with a high probability the unknown parameter

Confidence interval: the interval that contains an unknown parameter (such as the population mean) with a certain degree of confidence

It is recommended to estimate a theoretical parameter by using a range of value, not a single value

- It is called confidence interval.
- The estimated parameter belongs to the confidence intervals with a high probability.

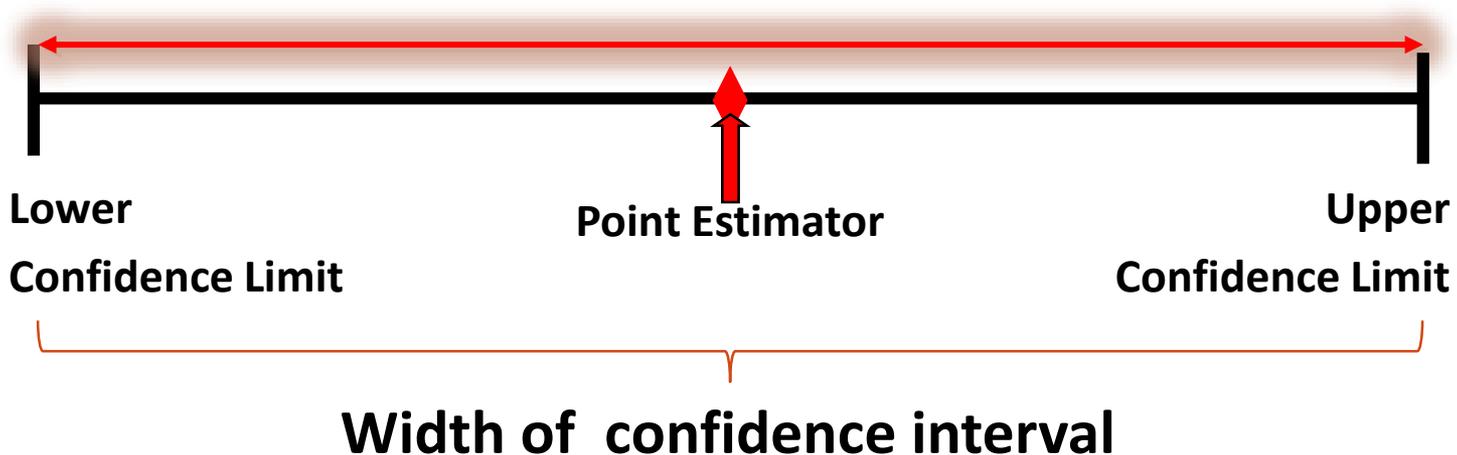
# Point vs. interval estimation

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Point estimator = one value obtained on a sample

- How much uncertainty is associated with a point estimator of parameter?

An interval provides more information about a population characteristic than does a point estimator → confidence interval



# Interval estimation

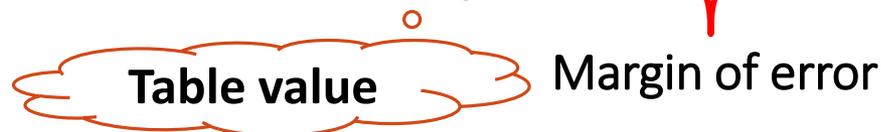
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## An interval gives a range of values:

- Takes into consideration variation in sample statistics from sample to sample
- Based on observations from one sample
- Provides information about closeness to unknown population parameters
- Stated regarding the level of confidence. (Can never be 100% confident)

## The general formula for all confidence intervals is equal to:

$$\text{Point Estimator} \pm (\text{Critical Value}) \times (\text{Standard Error})$$



# Interval estimation

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Point Estimator  $\pm$  (Critical Value) $\times$ (Standard Error)



Margin of error

The margin of error, and hence the width of the interval, get smaller the as the sample size increases.

The margin of error, and hence the width of the interval, increases and decreases with the confidence.

# Interval estimation

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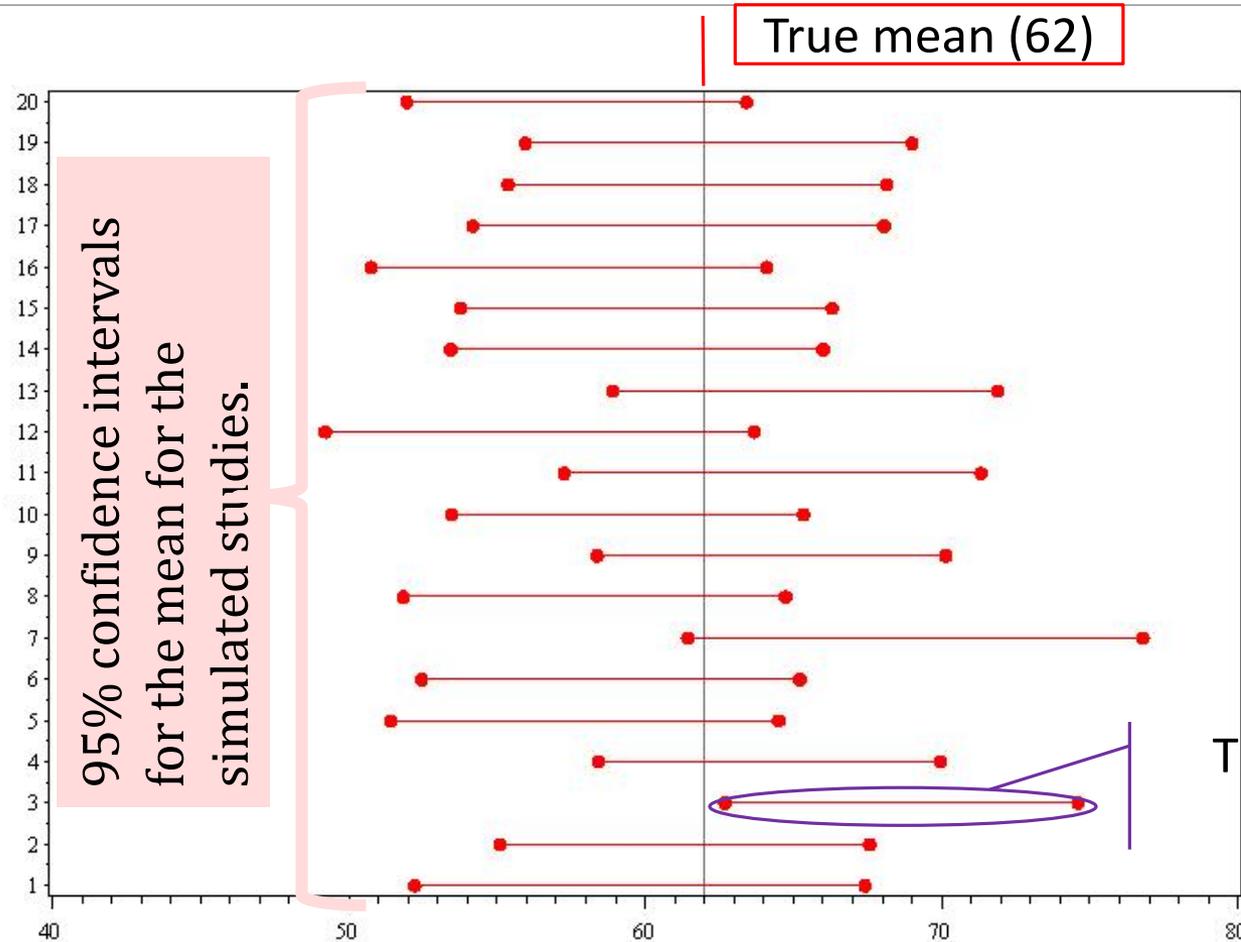
Significance level  $\alpha = 5\% \rightarrow 95\%$  confidence interval (CI)

$$CI = (1 - \alpha) = 0.95$$

Interpretation:

- If all possible samples of size  $n$  are extracted from the population, and their means and intervals are estimated, 95% of all the intervals will include the **true (real) value of the unknown parameter**
- A specific interval either will contain or will not contain the true parameter (due to the 5% risk)

# Interval estimation



This CI did not include the true value

# Confidence intervals

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Provides:

- A plausible range of values for a population parameter.
- The precision of a point estimator.
  - When sampling variability is high, the confidence interval will be wide to reflect the uncertainty of the observation.
- Statistical significance.
  - If the 95% CI does not cross the null value, it is significant at 0.05.

# Confidence intervals

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Are calculated taking into consideration:

- The sample or population size
- The type of investigated variable (qualitative OR quantitative)

The formula of calculus comprised two parts:

- One estimator of the quality of sample based on which the population estimator was computed (standard error)
  - Standard error: is a measure of how good our best guess is.
    - Standard error: the bigger the sample, the smaller the standard error.
    - Standard error: is always smaller than the standard deviation
- The degree of confidence (standard values)

# Confidence intervals

- Can be calculated for any point estimator

- Levels of confidence usually used:

- 90% ( $\alpha=10\%$ ) Confidence Interval Simulation

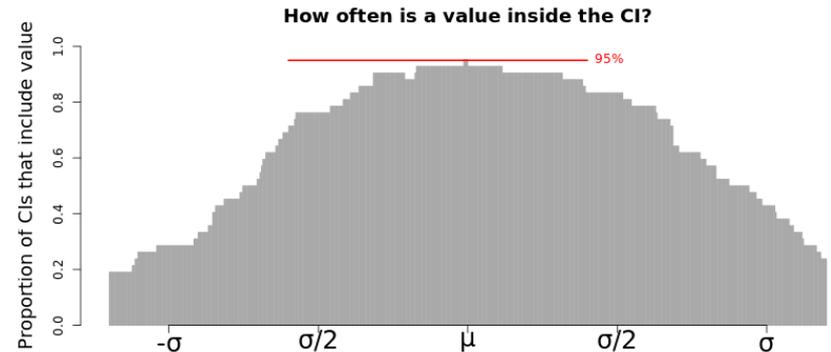
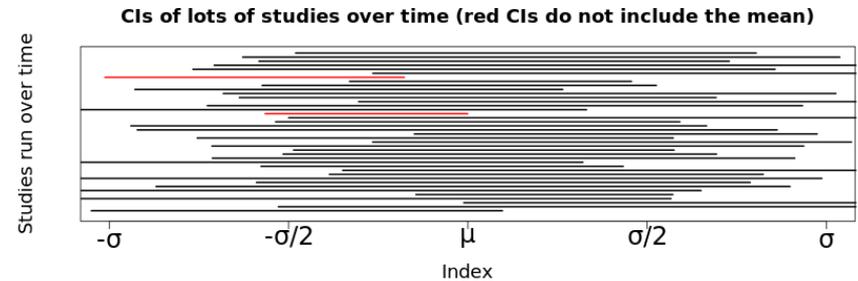
- 95% ( $\alpha=5\%$ )

- 98% ( $\alpha=2\%$ )

- 99% ( $\alpha=1\%$ )

This simulation 'runs' a large number of studies over time by simulating a random sample from a normal distribution. The confidence intervals that result from this are shown in the top plot. Red intervals do not include the true population mean. Additionally, a cumulative histogram of the proportion of times a value was inside the confidence interval is shown on the bottom. This value will tend towards the confidence level for the population mean. NB: This is best viewed on a large screen.

The screenshot shows a control panel for a simulation. It includes input fields for Sample Size (10), Mean (100), Standard Deviation (10), and Confidence Level (0.95). There is an Animation Speed slider set to 0.9 and a checkbox for Run Simulation which is checked. Below the controls, a text box displays: Population Mean: 100.0 | Sample Mean: 94.5, Sample St. Dev: 15.1 | Conf. Interval: 83.7-105.1. At the bottom, a histogram titled 'Histogram of Sample and Distribution of Popu' shows the density of sample means.



# Confidence intervals

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Confidence interval: the likelihood that a specified interval will contain the population parameter.

95% confidence interval: there is a 0.95 probability that a specified interval DOES contain the population mean.

- In other words, there are 5 chances out of 100 (or 1 chance out of 20) that the interval DOES NOT contain the population parameter.

99% confidence interval: there is 1 chance out of 100 that the interval DOES NOT contain the population parameter.

# Confidence intervals

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<b>Continuous</b>	<b>Categorical</b>
One sample: known variance	dichotomous outcome
One sample: unknown variance	categorical/ ordinal outcome
Matched samples	

# Confidence intervals for one sample

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CONTINUOUS OUTCOME

DICHOTOMOUS OUTCOME



# Confidence intervals

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## Assumptions:

- Population standard deviation ( $\sigma$ ) is known by replacing  $s$  with  $\sigma$  or if  $n > 200$
- The population is normally distributed

$$\bar{X} \pm Z_{1-\alpha/2} \frac{s}{\sqrt{n}}$$

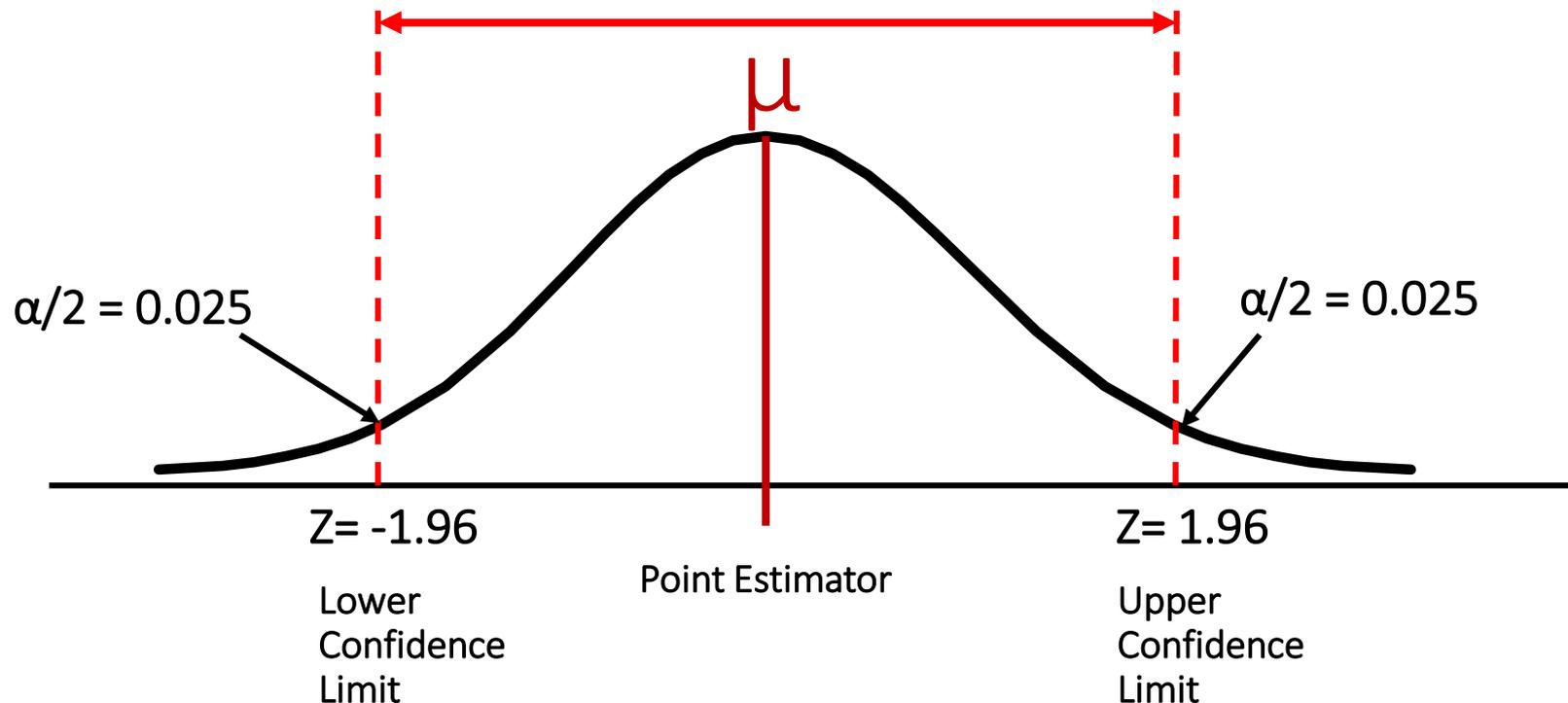
where  $Z$  is the normal distribution's critical value for a probability of  $\alpha/2$  in each tail

For large sample sizes ( $n > 30$ ),  $\sigma$  can be estimated from the sample standard deviation ( $s$ ) based on the Central Limit Theorem.

# Confidence interval

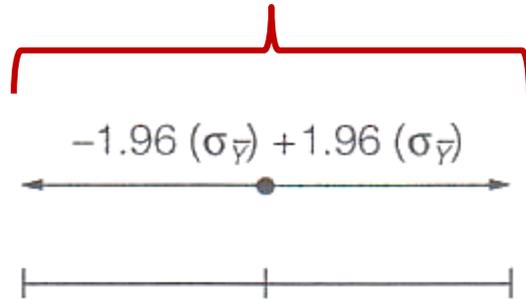
Consider a 95% confidence interval:

$$1-\alpha = 0.95 \text{ \& \ } \alpha = 0.05 \text{ \& \ } \alpha/2 = 0.025$$



# Confidence interval

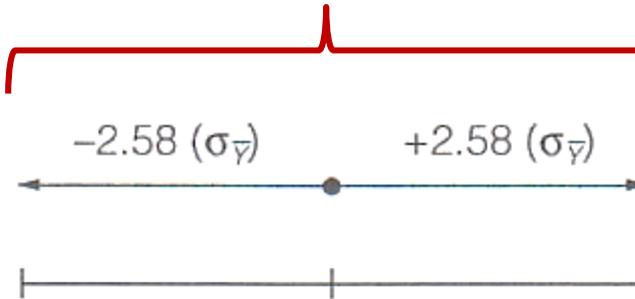
95% confidence interval



Sample  
Mean

More precise  
Less confident

99% confidence interval



Sample  
Mean

Less precise  
More confident

Increasing our confidence interval from 95% to 99% means we are less willing to draw the wrong conclusion – we take a 1% risk (rather than a 5%) that the specified interval does not contain the true population mean.

# Confidence level and corresponding Z values

Confidence level	Z value
90%	1.65
95%	1.96
99%	2.58

Larger samples result in smaller standard errors, and therefore, in sampling distributions that are more clustered around the population mean. A more closely clustered sampling distribution indicates that our confidence intervals will be narrower and more precise.

Smaller sample standard deviations result in smaller, more precise confidence intervals.

# Confidence interval

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Student t-distribution with  $n-1$  degree of freedom will be used

The unknown population mean ( $\mu$ ) & unknown population standard deviation ( $\sigma$ )

Small sample size ( $n < 30$ )

$$\bar{X} \pm t_{n-1, \frac{\alpha}{2}} \frac{S}{\sqrt{n}}$$

- $t$  values depend on  $n$
- small samples have larger  $t$  value (less precision)
- values are indexed by degrees of freedom ( $df = n-1$ )

## VALUES OF $t$ FOR 90%, 95%, AND 99% CONFIDENCE INTERVALS

$df$	90%	95%	99%
5	2.015	2.571	4.032
6	1.943	2.447	3.707
7	1.895	2.365	3.499
8	1.860	2.306	3.355
9	1.833	2.262	3.250
10	1.812	2.228	3.169
11	1.796	2.201	3.106
12	1.782	2.179	3.055
13	1.771	2.160	3.012
14	1.761	2.145	2.977
15	1.753	2.131	2.947
16	1.746	2.120	2.921
17	1.740	2.110	2.898
18	1.734	2.101	2.878
19	1.729	2.093	2.861
20	1.725	2.086	2.845
30	1.697	2.042	2.750
40	1.684	2.021	2.704
60	1.671	2.000	2.660
120	1.658	1.980	2.617
$\infty$	1.645	1.960	2.576

# Confidence interval

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A sample of 20 female students gave a mean weight of 60kg and a standard deviation of 8 kg. Assuming normality, find the 90%, 95%, and 99% confidence intervals for the population mean weight.

$$90\%CI = \left[ 60 - 1.73 \frac{8}{\sqrt{20}}, 60 + 1.73 \frac{8}{\sqrt{20}} \right] = [56.91, 63.09]$$

$$95\%CI = \left[ 60 - 2.09 \frac{8}{\sqrt{20}}, 60 + 2.09 \frac{8}{\sqrt{20}} \right] = [56.26, 63.74]$$

$$99\%CI = \left[ 60 - 2.86 \frac{8}{\sqrt{20}}, 60 + 2.86 \frac{8}{\sqrt{20}} \right] = [54.88, 65.12]$$

Consider the distribution of serum cholesterol levels for all female in Romania who are hypertensive and overweight. This population has an unknown mean ( $\mu$ ) and a known standard deviation ( $\sigma$ ) equal to 30 mg/dl. We extracted from this population a sample of 20 subjects and we found a mean of serum cholesterol level ( $\bar{X}$ ) equal with 220 mg/dl.

$\bar{X} = 220 \text{ mg/dl}$  is the point estimator of the unknown mean serum cholesterol level ( $\mu$ ) in this population

It is important to construct the interval able to take into account the sampling variability:

$$95\%CI = \left[ 220 - 2.09 \cdot \frac{30}{\sqrt{20}} \text{ to } 220 + 2.09 \cdot \frac{30}{\sqrt{20}} \right] = [206 \text{ to } 234]$$

$$\text{Length} = 234 - 206 = 28$$

$$99\%CI = \left[ 220 - 2.86 \cdot \frac{30}{\sqrt{20}} \text{ to } 220 + 2.86 \cdot \frac{30}{\sqrt{20}} \right] = [201 \text{ to } 239]$$

$$\text{Length} = 239 - 201 = 38$$

# Factors affecting the length of a confidence interval

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$$\bar{X} \pm Z_{1-\alpha/2} \cdot \frac{s}{\sqrt{n}}$$

$$\bar{X} \pm t_{n-1, 1-\alpha/2} \frac{s}{\sqrt{n}}$$

- As the sample size ( $n$ ) increases, the length of the confidence interval decreases
- As the standard deviation ( $s$ , which reflect the variability of the distribution of individual observations) increases, the length of the confidence interval increases
- As the confidence desire increases (significance level  $\alpha$  decreases), the length of the confidence interval increases

# Confidence interval by examples

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Let us suppose that there are 65 country and imported beer brands in the Romanian market. We have collected 2 different samples of 20 brands and gathered information about the price of a 6-pack, the calories, and the percent of alcohol content for each brand. Further, we know the population standard deviation ( $\sigma$ ) of price is €1.15. Here are the samples' information:

Sample A:  $m_A = €4.90$ ,  $s_A = €1.09$

Sample B:  $m_B = €5.20$ ,  $s_B = €0.98$

Provide 95% confidence interval **estimates of population mean price** using the two samples.

# Confidence intervals by example

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Interpretation of the results from

- A:  $95\%CI = [4.90 \pm 2.09 \cdot (1.09/\sqrt{20})] = [4.39 \text{ to } 5.41] \rightarrow$  We are **95%** confident that the true mean price is between €4.39 and €5.41
- B:  $95\%CI = [5.20 \pm 2.09 \cdot (0.98/\sqrt{20})] = [4.74 \text{ to } 5.66] \rightarrow$  We are **95%** confident that the true mean price is between €4.39 and €5.41

After the fact, I am informing you know that the population mean was €4.50. Which one of the results hold?

- Although the true mean may or may not be in this interval, 95% of intervals formed in this manner will contain the real mean.

# Confidence interval for frequencies

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Is proper to computed if:

- $n \times f > 10$  and  $n(1-f) > 10$ , where  $n$  = sample size,  $f$  = frequency

Estimating the standard error of a proportion

- based on the Central Limit Theorem, a sampling distribution of proportions is approximately normal, with a mean equal to the population proportion,  $\pi$ , and with a standard error of proportions equal to:

$$\sigma_f = \sqrt{\frac{\pi \cdot (1 - \pi)}{N}}$$

- Since the standard error of proportions is generally not known, we usually work with the estimated standard error:

$$s_f = \sqrt{\frac{f \cdot (1 - f)}{n}}$$

# Confidence interval for frequencies

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Formula:

$$f \pm Z_{\alpha/2} s_f$$

where

- $f$  = observed sample frequency (estimate the population frequency  $\pi$ )
- $Z$  =  $Z$  critical value
- $s_f$  = estimated standard error of the frequency

$$f \pm Z_{\alpha/2} \cdot s_f$$

# Confidence interval for frequencies

Parameter: proportion of Romanian population treated for hypertension

Sample size:  $n=200$

Frequency of hypertension treatment: 0.25

Confidence level: 95% ( $Z = 1.96$ )

Confidence interval for  $f$ :

$$0.25 \pm 1.96 \cdot \sqrt{\frac{0.25 \cdot (1 - 0.25)}{200}} \quad \begin{array}{l} 0.25 \pm 1.96 \times 0.03 \\ 0.25 \pm 0.06 \\ 0.19 \leq \pi \leq 0.31 \end{array}$$

From the sample, we estimate the proportion of persons treated for hypertension to be 0.25, and we are 95% confident that the true proportion lies between the interval of 0.19 to 0.31

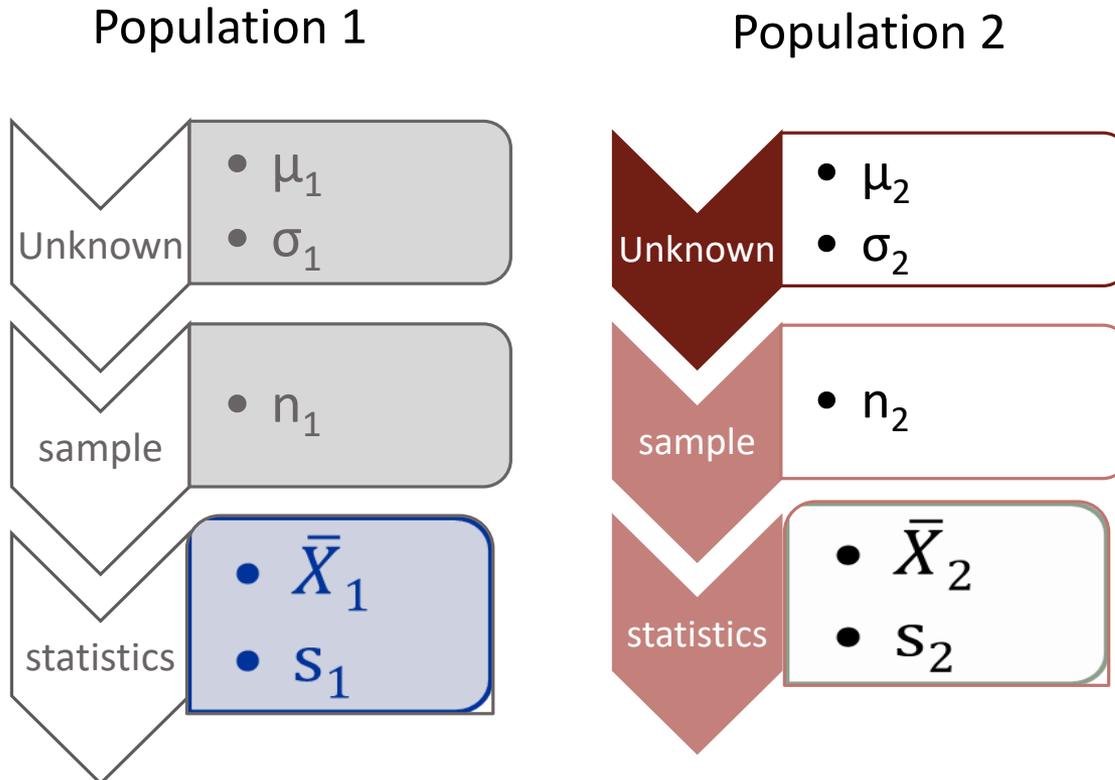
# Two samples

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CONTINUOUS OUTCOME

DICHOTOMOUS OUTCOME

# Confidence interval: Independent samples



## Interpretation:

If 0 is in the confidence interval  $\rightarrow$  the difference between mean is not statistically different by zero

If 0 is not in the confidence interval  $\rightarrow$  the difference between mean is statistically different by zero

Estimate  $(\mu_1 - \mu_2)$  with  $\bar{X}_1 - \bar{X}_2$

# Confidence interval for difference between means

$$(\bar{X}_1 - \bar{X}_2) \pm t_{df} \sqrt{\frac{s_1^2}{n_1} + \frac{s_2^2}{n_2}}$$

$$df = \frac{\left(\frac{s_1^2}{n_1} + \frac{s_2^2}{n_2}\right)^2}{\frac{1}{n_1 - 1} \left(\frac{s_1^2}{n_1}\right)^2 + \frac{1}{n_2 - 1} \left(\frac{s_2^2}{n_2}\right)^2}$$

Group 1	7	7	8	8	8	6	9	6	5
Group 2	8	10	9	6	10	8	9	7	8

	Group 1	Group 2
Mean	7.11	8.33
s	1.27	1.32
s <sup>2</sup>	1.61	1.75

$$df=15.97$$

$$\text{for } \alpha = 0.05 \rightarrow t_{15.97} = 2.13$$

$$-1.22 \pm 2.13 \cdot 0.61$$

$$-1.22 \pm 1.30 \rightarrow [-2.52 \text{ to } 0.08]$$

Since 0 is in the confidence interval we can conclude that no significant differences between marks on Group 1 and 2 exists.

# Confidence interval Paired samples

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- E.g., a pre- and post-measurement design (e.g. before and after treatment)
- The goal is to compare the mean score before and after the intervention (to see if the treatment works)
- Because the sample is matched (same persons completing pre- and post measurements), cannot use aggregate means
- Parameter of interest is the mean difference, denoted  $\mu_d$
- Parameter of interest is SD of the difference scores, denoted  $s_d$

$$\bar{X}_d \pm Z_{1-\alpha/2} \frac{s_d}{\sqrt{n}}$$

# Confidence interval for frequencies

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Difference between the two frequencies

$$(f_1 - f_2) \pm Z_{\text{critical}} \cdot \sqrt{(f_1 \cdot (1 - f_1) / n_1) + (f_2 \cdot (1 - f_2) / n_2)}$$

# Confidence interval for RR

$$RR = \frac{a/(a + b)}{c/(c + d)}$$

	Disease+	Disease-
Exposure +	a	b
Exposure -	c	d

$$\ln(\widehat{RR}) \pm Z_{crit} \sqrt{\frac{b/a}{a+b} + \frac{d/c}{c+d}} \rightarrow$$
$$\left[ \exp \left( \ln(\widehat{RR}) - Z_{crit} \sqrt{\frac{\frac{b}{a}}{a+b} + \frac{\frac{d}{c}}{c+d}} \right); \exp \left( \ln(\widehat{RR}) + Z_{crit} \sqrt{\frac{\frac{b}{a}}{a+b} + \frac{\frac{d}{c}}{c+d}} \right) \right]$$

$$RR = \frac{a/(a+b)}{c/(c+d)}$$

# Confidence interval for RR

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	Lung cancer+	Lung cancer -
Smoking+	30	20
Smoking-	15	35

$$RR = \frac{30/(30+20)}{15/(15+35)} = 2$$

$$\ln(RR) = 0,69$$

$$Z_{\text{critic}} = 1.96$$

$$ES = \text{sqrt}(0,06) = 0,24$$

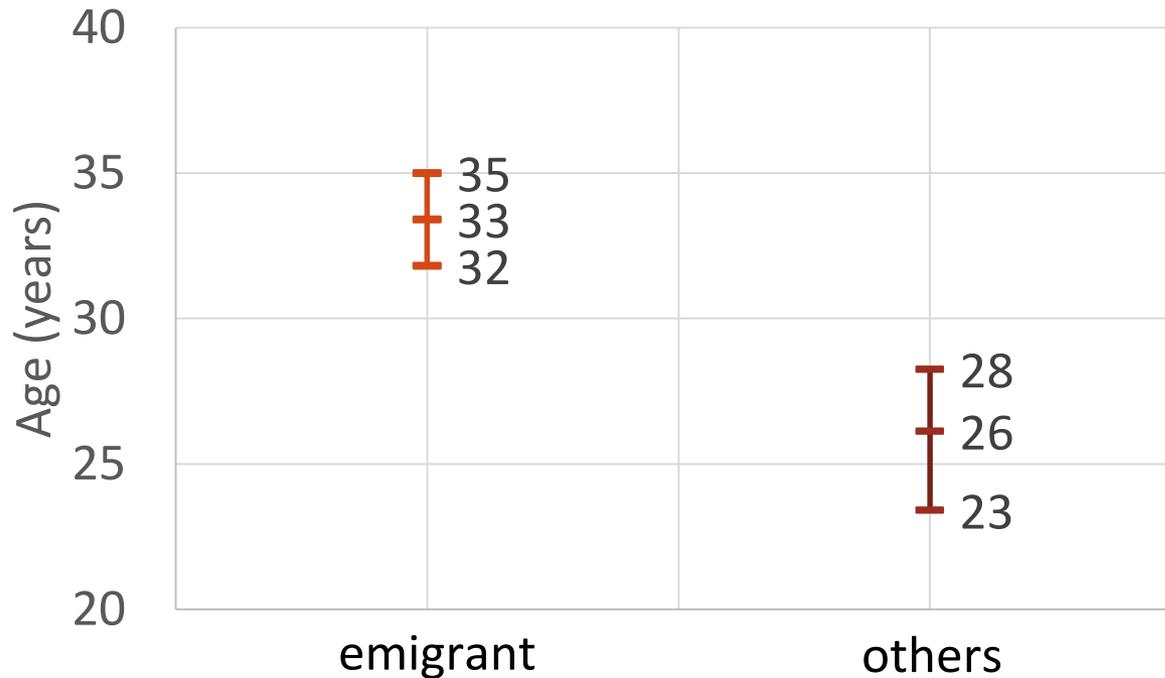
$$[\exp(0.69-1.96*0.24) \text{ to } \exp(0.69+1.96*0.24)] \rightarrow [1.24 \text{ to } 3.23]$$

# Comparing samples with confidence intervals

**Table 1** Living conditions of the MS-MV and the immigrant population (CASEN survey 2006)

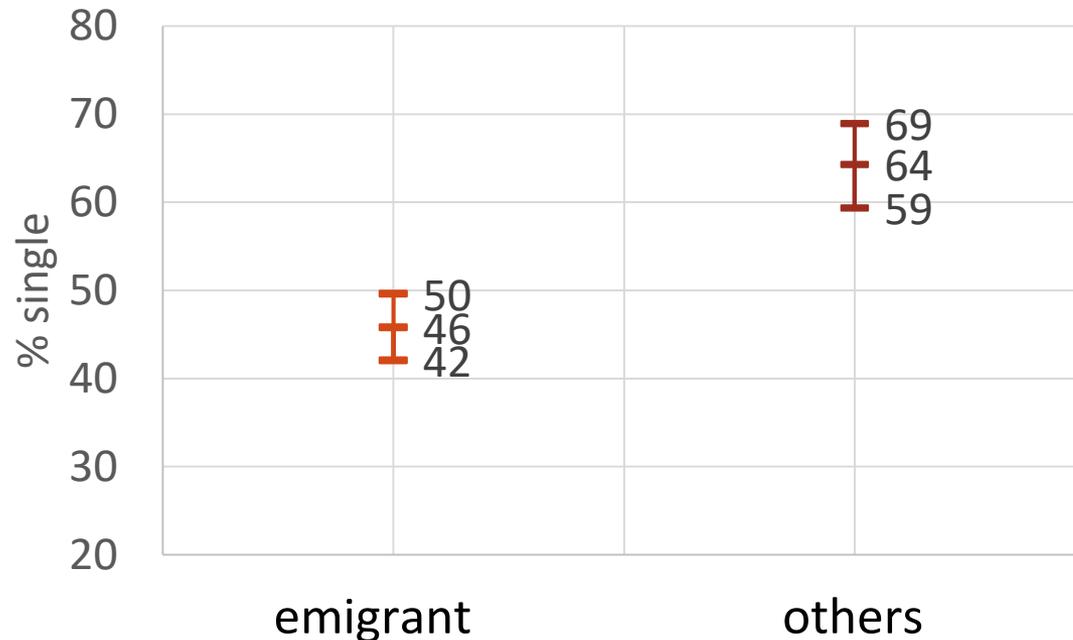
	<b>IMMIGRANT POPULATION 1% total sample, n = 154 431 weighted population (1877 real observations)</b>		<b>MS-MV GROUP 0.67% total sample, n = 108 599 weighted population (1477 real observations)</b>	
	<b>% or mean</b>	<b>95% CI</b>	<b>% or mean</b>	<b>95% CI</b>
<i>DEMOGRAPHICS</i>				
Mean age**	X = 33.41	31.81–35.00	X = 26.13	23.41–28.26
Age categories:				
<16 years old**	13.60	11.29–16.28	45.25	39.53–51.10
16-65 years old**	79.08	75.92–81.93	47.26	41.64–52.94
>65 years old	7.32	5.33–9.97	7.49	5.31–10.46
Sex (female = 1)	45.21	41.74–48.72	51.27	47.99–55.41
Marital status:				
Single**	45.81	42.06–49.62	64.30	59.36–68.95
Married**	45.49	41.66–49.36	29.39	25.09–34.10

# Comparing samples with confidence intervals



Since the confidence intervals for age are not overlap on each other, we can conclude that the age of emigrant is significantly higher compared to the age others.

# Comparing samples with confidence intervals



Since the confidence intervals for % declared as singles are not overlap on each other we can conclude that the others are in a significantly higher % single than emigrants.

# Confidence intervals for OR

<http://www.biomedcentral.com/content/pdf/1471-2458-12-1013.pdf>

**Table 3** Odds Ratio (OR) of presenting **any disability and any chronic condition or cancer**, adjusted by different sets of factors separately (CASEN survey 2006)

	<b>ANY DISABILITY</b>				<b>ANY CHRONIC CONDITION OR CANCER</b>			
	<b>International immigrants</b>		<b>MS-MV</b>		<b>International immigrants</b>		<b>MS-MV</b>	
	OR	95% CI	OR	95% CI	OR	95% CI	OR	95% CI
<b><i>DEMOGRAPHICS</i></b>								
Age	1.04*	1.02-1.06	1.04*	1.02-1.06	1.05*	1.02-1.08	1.02*	1.01-1.04
Sex (female = 1)	0.56	0.25-1.25	0.39*	0.20-0.75	2.78**	1.26-6.71	1.05	0.46-2.36

# Determine sample size

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FOR MEAN

FOR PROPORTION (FREQUENCY)

# Sampling error

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The required sample size can be found to reach a desired margin of error with a specified level of confidence ( $1 - \alpha$ )

The margin of error is also called sampling error

- the amount of imprecision in the estimate of the population parameter
- the amount added and subtracted to the point estimate to form the confidence interval

# Determining sample size

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Sampling error (margin of error ME)

$$\bar{X} \pm Z_{\alpha/2} \frac{\sigma}{\sqrt{n}}$$

$$ME = Z_{\alpha/2} \frac{\sigma}{\sqrt{n}}$$

$$n = \frac{Z_{\alpha/2}^2 \sigma^2}{ME^2}$$

# Determining sample size: mean

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To determine the required sample size for the mean, you must know:

- The desired level of confidence ( $1 - \alpha$ ), which determines the critical value,  $Z_{\alpha/2}$
- The acceptable sampling error, ME
- The standard deviation,  $\sigma$

# Required sample size example

If  $\sigma = 45$ , what sample size is needed to estimate the mean within  $\pm 5$  with 90% confidence?

$$n = \frac{Z^2 \sigma^2}{ME^2} = \frac{(1.645)^2 (45)^2}{5^2} = 219.19$$

So the required sample size is  **$n = 220$**  (Always round up)

When  $\sigma$  is not known, select a pilot sample and estimate with the sample standard deviation,  $s$

# Determining sample size: proportion

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$$ME = Z_{\alpha/2} \sqrt{\frac{\pi(1-\pi)}{n}} \quad n = \frac{Z_{\alpha/2}^2 \pi(1-\pi)}{ME^2}$$

To determine the required sample size for the proportion, you must know:

- The desired level of confidence  $(1 - \alpha)$ , which determines the critical value,  $Z_{\alpha/2}$
- The acceptable sampling error,  $e$
- The true proportion of events of interest,  $\pi$ 
  - $\pi$  can be estimated with a pilot sample if necessary (or conservatively use 0.5 as an estimate of  $\pi$ )

# Required sample size example

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How large a sample would be necessary to estimate the true proportion of defectives in a large population within  $\pm 3\%$ , with 95% confidence?

(Assume a pilot sample yields  $p = 0.12$ )

$$n = \frac{Z_{\alpha/2}^2 \pi(1-\pi)}{ME^2} = \frac{1.96^2 \cdot 0.12 \cdot (1-0.12)}{0.03^2} = 450.74$$

So use  $n = 451$

# Ethical Issues

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A confidence interval estimate (reflecting sampling error) should always be included when reporting a point estimate.

The level of confidence should always be reported .

The sample size should be reported.

An interpretation of the confidence interval estimate should also be provided.

# Formulas

If standard deviation of the population is known or  $n > 200$

$$\bar{X} \pm t_{n-1, 1-\alpha/2} \frac{s}{\sqrt{n}} \quad \bar{X} \pm Z_{1-\alpha/2} \frac{s}{\sqrt{n}}$$

$$(\bar{X}_1 - \bar{X}_2) \pm t_{critical} \sqrt{\frac{(n_1 - 1)S_1^2 + (n_2 - 1)S_2^2}{n_1 + n_2 - 2}}$$

$$f \pm Z_{critical} \sqrt{\frac{f(1-f)}{n}}$$

$$(f_1 - f_2) \pm Z_{critical} \cdot \sqrt{(f_1 \cdot (1-f_1)/n_1) + (f_2 \cdot (1-f_2)/n_2)}$$

# Recall

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Correct estimation of a population parameter is done with confidence intervals.

Confidence intervals depend by the sample size and standard error.

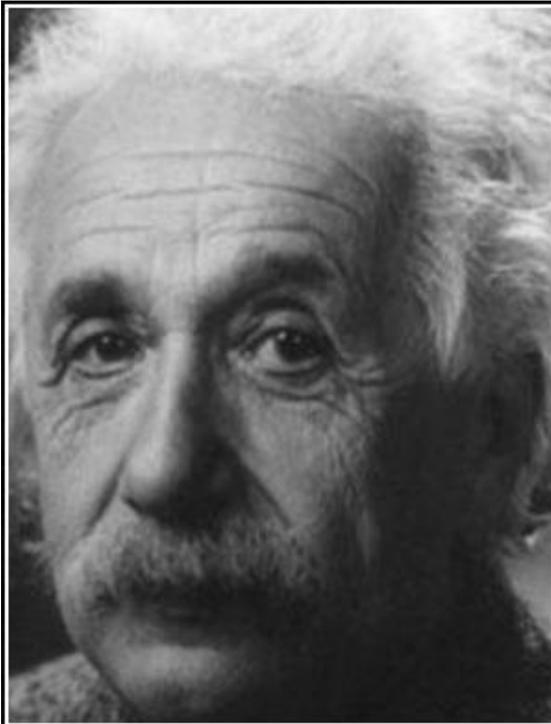
The confidence intervals are larger for:

- The high value of the standard error
- Small sample sizes

The sample size necessary to develop a confidence interval for the population mean or population proportion could be calculated.

# Thank you for your attention!

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Intelligence is not the ability to store  
information, but to know where to  
find it.

— *Albert Einstein* —

AZ QUOTES